



VISITING NURSES

Grief and Loss Support Programs

2018 Bereavement Activities through VNA: For more information, including dates & times, call 843-3738

Individualized Grief Counseling and Bereavement Support

VNA offers bereavement support in the form of newsletters and written grief resources, personal, confidential phone calls with a grief counselor and grief counseling for individuals or families either in the home or at our office with our bereavement team. Call Paul Reed, Bereavement Coordinator at 843-3738 to schedule.

Casual Coffee

Drop in for coffee and conversation with others grieving the loss of a loved one and receive informal, uplifting support. The Women's Group meets the 2nd Friday of each month at 9am at McDonalds, 901 West 23rd Street and is facilitated by female grief counselors. The Men's Group meets the 3rd Friday of each month at 9 am at McDonalds, 901 West 23rd Street and is facilitated by a male grief counselor. No reservations required, but please call 843-3738 for more information.

Keepsake Place for Children Experiencing Grief and Loss

Offered upon request

Keepsake Day is an afternoon program for school-aged children, teens and their parents/caregivers who are grieving the death of a close family member or friend. Please call Sarah Rooney at (785) 843-3738 for more information.

The First Year

Offered Date TBD in the VNA Bereavement Room

Learn about the natural grief process and what to expect in the first year of your grief journey with tips, tools and resources from the Grief Toolbox. Receive support and encouragement from other survivors. Refreshments provided. Please bring a friend! Reservations necessary due to small group size.

Life After Loss, A Bereavement Gathering

Six consecutive weeks: Date & Time TBD

This confidential bereavement group includes presentations and workbook-driven discussion on managing your grief process with voluntary group participation. This is paired with written and experiential grief and loss activities. It is open to anyone who has experienced the loss of a loved one, who seeks support and information. Enrollment in the entire six-week program is necessary due to small group size. Refreshments offered.

Multiple Losses Workshop - Managing Complicated Grief

Offered Fridays, Dates TBD, held in the VNA Bereavement Room

Acute grief is often a different experience that is unique to each person and each loss. We want to help you understand how grief emerges naturally after a loss and how to recognize and deal with complications that can stall or halt this process. Share your story in a compassionate setting and learn about what complicates grief, as well as treatment options and resources to help you move forward while honoring your losses.

Call 785-843-3738 or email Paul Reed: PaulR@kansasvna.org, Christina Jordan: christinaj@kansasvna.org or
Brittany Lucas: Brittany.Lucas@kansasvna.org

Hosted at: Visiting Nurses, 200 Maine Street, Suite C. Lawrence, KS 66044.

These programs are open to the community, free of charge, and confidential, but RSVP is necessary due to small group size.

(Caregiving Supports featured on back)



VISITING NURSES

Caregiving Supports

2018 Bereavement Activities through VNA: For more information, including dates & times, call 843-3738

Individualized Caregiving Education and Psychosocial Support

Available upon request of family. Medical social workers can meet with the family to facilitate planning for long range caregiving, understand what to expect with the patient disease process, honor patient wishes for dignity, comfort and quality and maximize community resources to help patients and families in their end of life journey. Call Paul Reed, Bereavement Coordinator at 843-3738 for more information and to schedule.

Caregiving Supports

Available upon request of family. Caregiving for a loved one with a life limiting illness can be rewarding and very challenging. The VNA hospice team provides individualized and group caregiving support in the form of information, community resources, assistance and encouragement. If you are caring for a loved one, please contact us! We can help! Call your medical social worker or Christina Jordan at 843-3738 or email at christinaj@kansasvna.org.

Care Choices

Offered Dates TBD, held at the VNA office

Video based discussion about the conversations to have about health care choices and end of life care when you or a loved one have a life limiting illness. Medical social workers who are Notary Publics are available by appointment to go to your home to discuss healthcare proxy and advanced directives. Kansas durable power of attorney, advanced directives and living will forms available. Open to the community, reservations required.

New Rules for End of Life Care

Offered Dates TBD, held at the VNA Office

Caring for someone as they approach the end of life is not the same as caring for someone who is going to get better. Unfortunately, most people don't know this. Learn more about this precious time of life. Barbara Karnes, RN created the multi award winning program that teaches people how to care for their loved ones during the end of life.

Caregiver 101

Offered Dates TBD

Caregiver 101 is designed for those caring for a loved one through the end of life process. Information, resources and confidential support is offered from others who understand the special benefits and unique burdens of caregiving. Respite provided for VNA patients from 8:30am-12:30pm

Call 785-843-3738 or email Paul Reed: PaulR@kansasvna.org, Christina Jordan: christinaj@kansasvna.org, or Brittany Lucas: Brittany.Lucas@kansasvna.org

All programs are held at: Visiting Nurses, 200 Maine Street, Suite C. Lawrence, KS 66044.

Caregiving Supports are open to the community, free of charge, and confidential, but RSVP is necessary.