VNA has been providing help for people with home care needs in Douglas County and the surrounding area since 1969.

Visiting Nurses Home Health comprises a variety of services to help you maintain independence in the comfort of your own home. We work with you and your doctor to determine the best treatments while helping promote, maintain and restore your health.

We provide skilled care and a staff of caring professionals who are solely focused on your wellbeing and recovery.

Information in this brochure may not be up to date. Please go to kansasvna.org for the most updated information.



# the healing begins here

# visiting nurses home health and rehabilitation





all your home care needs under one roof

HOME HEALTH • REHABILITATION • HOSPICE • HELP AT HOME

200 Maine Street, Suite C Lawrence, KS 66044 785-843-3738 • www.kansasvna.org

Services of this agency are provided without discrimination in accordance with State and Federal regulations.









@kansasvna



your local not-for-profit agency



#### **Skilled Nursing**

Skilled Nurses provide wound care, infusion therapy, pain management, diabetic and respiratory care, as well as medication management. Nurses also educate both the patient and family about chronic disease symptoms and management.

### **Wound and Ostomy Care**

VNA's Certified Wound, Ostomy and Continence Nurse specializes in enterostomal therapy and complicated wounds. This valuable knowledge helps prevent chronic wounds and ensures proper pouch fitting with new or difficult ostomies.

# **PT/INR Monitoring**

Home Health Nurses provide on-site PT/INR monitoring for patients with clotting disorders who are taking prescribed anticoagulation medication. This in-home testing provides immediate results so abnormalities can be reported immediately to your health care provider, preventing cardiovascular complications.

# **Respiratory Therapy**

Respiratory Therapists provide assessment and care for patients with disorders affecting the cardiopulmonary system. Therapists offer comprehensive treatment and disease management for COPD, emphysema, asthma, pneumonia and other breathing disorders.

### **Physical Therapy**

Physical Therapists provide exercise and teaching to help patients achieve the highest level of mobility and functional abilities to improve quality of life. Treatment of physical impairments and disabilities that interfere with safe mobility is the primary focus. After complete evaluation, PTs provide one-on-one, personalized exercises to promote strength, balance and flexibility, while helping people manage pain.

#### **Occupational Therapy**

Occupational Therapists help patients improve their ability to perform tasks in living and working environments. They work with individuals who suffer from mentally, physically, developmentally or emotionally disabling conditions. The Therapist helps patients improve their basic motor functions as well as find ways to compensate for permanent loss of function. The goal is to help patients have independent, productive, satisfying lives.

#### **Speech Therapy**

Speech Therapists evaluate and treat voice, speech, language and swallowing disorders, and hearing impairments that affect communication. Therapists help patients regain the ability to produce and understand speech, and facilitate communication skills.

# **VitalStim® Therapy**

VitalStim® is a therapy used to help patients suffering from difficulty swallowing or dysphagia. It is an external electrical stimulation therapy that helps improve patients' ability to swallow and achieve long-term results.

# Lymphedema Therapy

Lymphedema Therapists use a gentle application of exercise and massage to encourage lymph drainage and help relieve swelling for patients with pain due to edema.

#### **Medical Social Workers**

Social Workers provide emotional support and counseling, as well as assistance with financial matters.

#### **Home Health Aides**

HHAs are trained, certified health care workers who provide assistance in the home with personal care (hygiene and exercise) or light household duties (meal preparation and cleaning), and monitoring the patient's condition. VNA's Certified Dementia Care Aides provide specialized care to make sure patients with dementia receive the highest quality of care.

#### **CareLink™**

This electronic relay device allows the in-home client to signal for help in an emergency by pushing a button located on a pendant.

#### **TeleHealth**

This electronic device monitors vital statistics and weight in the patient's home. Information is transmitted to our office for review so abnormalities can be reported immediately to your health care provider, allowing earlier intervention.

#### **Who Pays for Home Health Care?**

Medicare, Medicaid and most private insurance companies typically pay for Home Health services. Most payors require patients to be homebound for a period of time as defined by Medicare standards.

